



## Baronial Letter

Greetings from Catherine and Sashatec, unto the beloved populace of Mag Mor.

The James Arthur Vineyard Faire was a tremendous success, both financially and as a vehicle for exposure to the general public. While we had fewer participants, those present are to be commended for their hard work and perseverance.

Plans for Lilies are in full swing. Please contact Diane for your food donation to the Gladiator Party. Please set your Lilies Schedule to include help for the party on Thursday. Even if you are not camping in the Mag Mor area, please offer your assistance soon.

We were waxing philosophical after JAV and concluded that we are a Barony that hesitates to volunteer for things. We seem to feel that we need to wait to be asked to do something. Please do not let a mistaken sense of humility keep you from jumping in to get things done. It is much easier to break up any activity into smaller jobs if you have a slate of volunteers to draw from.

Enjoy the summer, get ready for Kingdom A & S and have fun.

TE Sashatec and Catherine

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**Welcome!** The Barony of Mag Mor is the Lincoln, Nebraska branch of the Society for Creative Anachronism (SCA), an international nonprofit organization dedicated to recreating & researching pre-17th century European history. Mag Mor is located in the Kingdom of Calontir, modernly Missouri, Iowa, Kansas, Nebraska, & part of NW Arkansas.

## Seneschal

Greetings and warm salutations unto the populace of Mag Mor come from your seneschal, Natalya. The James Arthur Vineyard demo is done, Lilies is soon to come, and Cattle Raids is on the horizon.

JAV was successful for us, though we really need an event steward to be sure that everything happens as it should. I did not do as well as I should have with taking care of the details. For that, I apologize. Luckily, Gyda and Will and Ozy stepped up and with many years of experience behind us, the barony pulled it off. Huzzah!

Lilies is the next order of business—and we don't have much time before the war. We could use a group of people to cry the camp. We have not signed up for a day, but I would like to offer that service to the kingdom. We have got Wednesday from noon to midnight for working troll. See Natalya if you want to volunteer for either of these things.

The Gladiator Tourney/Party is planned for Thursday after court. We will need finger foods and beverages. The tourney will be more straightforward than in the past, with no betting.

Other Lilies happenings include Dorcas' Pelican vigil and Natalya and Jane's one-handed pottery duel (on the last Saturday of the war).

Cattle Raids is coming up sooner than you think! Seraphina is encouraging everyone to enter something in A & S. Please consider it—she'd be grateful. We will be asking for volunteers for all

## Ladyship Natalya Alekseyva Vasilova

aspects of Cattle Raids in the next few months. Please consider it—I'd be grateful!

And don't forget the upcoming kingdom events. Kingdom A & S will be held in July. Natalya and Jane's one-handed duel will come to an end with a populace vote during the event. Please enter either the championship or the Tri-levels. I would really like to see Mag Mor continue our leadership in the arts and sciences.

Join us at moot or A & S nights or the baronial gatherings. Keep in touch and stay involved. The barony needs you.

As ever, your servant and seneschal,  
Natalya

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### *Why become a member?*

You are not required to purchase an SCA membership before attending SCA meetings and events. Membership is a requirement for holding office in SCA groups.

#### Benefits of Membership

- **Membership card** - by signing the waiver on the membership application, you can speed your check-in at events by presenting your card instead of signing waivers at the door. Join online at <https://membership.sca.org/>
- **Newsletter** - Sustaining embers (\$35) receive our kingdom's newsletter, *The Mews*, which contains kingdom news, announcements for events taking place in your area, and local group contacts. Lower-priced Associate and Family memberships are also available.
- **Discounts on event admissions** - All non-members pay a \$3 Non-Member Surcharge at each event where admission is charged.
- **Simplify your life at fighter practice** - Any fighters who do not have a waiver on file (SCA paid Member) will need to fill out a waiver at each fighter practice they attend.

## Chronicler

Lady Eleanor Deyeson

Deadline for the next *Runestaff* is June 22. I'll putting it together right after Lilies, so be kind, and submit something beforehand.

Several people submitted material without being asked. **Thank you.** You went to the effort to create an item, or traveled to an event, so share your hard-won experience, and let others learn from your successes (or mistakes.) If you have been able to travel to events, share a story or tidbit, so that those left behind can get a clearer picture of the fun to be had across Calontir.

Here is my intended policy for distributing/ mailing the *Runestaff*. There will be hand delivery at no less than one local activity, but those copies not picked up will be mailed so everyone has the June issue in hand by June 1<sup>st</sup>. To do that, I need good addresses. If you didn't get a copy last month, please contact me at [chronicler@magmor.net](mailto:chronicler@magmor.net). All paid members will get a copy, as well as all who are active. Active in this definition is some type of contact with Mag Mor in the last 3 months - attending a meeting, fighter practice, demo, or event. ALSO, just saying "Hello" on the Mag Mor list, or to any officer counts as contact. If real life is busy, just let us know, and we will send the *Runestaff*, to keep you up to date on what's going on in Mag Mor.

## Herald

Lord Maxmillian von Kleve

Registering your name allows you to register a device, and ensures no one else begins to use that name. The first step is name documentation.

All parts of your name must have some kind of documentation, even if they are very common. If the name can be found in one of the books considered "standard references" by the SCA College of Arms, no photocopies are necessary, you simply must cite the source of the submitted name elements. A listing of sources that do not need photocopies can be found at: [http://www.sca.org/heraldry/laurel/admin.html#APPENDIX\\_H](http://www.sca.org/heraldry/laurel/admin.html#APPENDIX_H)

If a name element is found in a source other than these "standard references", documentation must be provided in the form of photocopies of the book's title page and the publication information page. Also make copies ONLY of the pages that show the name element you are documenting. Underlining pertinent passages (or marking them in the margins) is encouraged. Don't use a highlighter. Appendix F of the link above lists sources you should avoid.

If the source for the name documentation is from one of the acceptable websites (such as the Academy of Saint Gabriel), you need to provide copies from the site with URLs. You do not have to copy the entire site, merely the first page and any pertinent pages with the info you are referring to marked.

If an element from a submitter's modern name is being used in their SCA name, it must be in the same 'place' in the names. For example, if a submitter is legally named 'John Richards', they can use their modern name to document 'Stephan Richards', but not 'Richard Smith'.

## Knights Marshal

Lordship Osric atte Beck

Fighter practice at Woods Park, every Tuesday, beginning at 6:30pm.

Weather rule will be the same as last year—if it is actively raining at 6:00 pm, practice will be canceled without any calls being made.

Location is near the tennis domes at the north end of the parking lot, off 33rd Street near "L" Street.

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Changes have been made in the rules for one-handed and two-handed thrusting tips, and published in the June *Mews*. These are also available from the SCA marshal's website <http://www.sca.org/officers/marshal/ann.html>

As well, minors participating in martial activities must be identified. Calontir has decided upon on a white diamond, minimum 1" in height, placed on the left cheek plate or left side of the helm. Their authorization cards will also be marked MINOR.

You can check the Calontir Earl Marshal's announcement website to keep up to date on most changes.

<http://www.calontir.sca.org/earlmarschal/Announcements.html>

## Archery Marshal

Master Owain ap Bleddyn ap Lhwyr

Archery continues at the Prairie Bowman indoor range just south of 14<sup>th</sup> & M on Wednesdays, after Moot and A&S.

Outdoor practice at the Prairie Bowman range (1010 Galloway Ave, near Wilderness Park) starts on Wed. May 20<sup>th</sup> –6:00 to 7:45 on non-moot Wednesdays.

## This & That

**Fiber Guild** meets June 4th @ 7 pm, at HE Sash's house, we are currently meeting for farbles. After Lilies my (new to me) 4 harness table loom will make an appearance. There is a Kingdom Fiber Guild meeting at Lilies. There are MANY Fiber related classes at Lilies, including an intro to Sprang class taught by me on Wednesday. I have loaner looms available for narrow band weaving-tablet or rigid headle, please let me know if you are interested in borrowing one. Instruction can accompany the loom as needed.

**Paper** - Gerald has graciously provided a storage spot for the vast quantity of large (23"x 35") sheets of paper that my company was going to recycle. I do have access to about 4 boxes of 2 reams of 500 each. Please let myself or Gerald know if you have an interest in using some of this paper.

Lady Gyða Glóra

## Tales from Campaign

It was a beautiful day in Puddleford, in the year 1189. The many streams that flowed about the village separated the church, inn, and hut, from the vineyard, the tower, as well as from the pavilion placed so all could watch the mesnies battle for glory around the town, but many bridges made travel easier. Their Majesties heralds eloquently welcomed the assembled forces, horse and bow and warrior. (Well, there was that bit of insults in French, but it was eloquent too.)

The first task was for the “young” fighters, the men-at-arms and fyrd, a battle so they might show their skill and bravery to the assembled Knights and seasoned warriors. Despite the urgings of the gallery, each side of young fighters instantly formed into shield walls, and advanced in masse. In the second young fighters battle, one side was holding a bridge in classic style, until attackers raced to the other bridges, and came up from behind, politely killing them.

The vineyard was covered with grapes, yet many were unripe, being hard and rubbery. However, during a lull before a battle, one group of fighters realized that not all the grapes were inedible, and stripped off gauntlets to pick and eat grapes.

During the “*combat a l’outrance*”, many fighters were captured, and ransoms gained. One fighter, very successful at capturing his foes, demanded the same ransom from a

## Marshal - Flower of Chivalry

dozen fighters - that after the battle, they compliment his lady on her new dress. Other ransoms were specially struck coins, saffron, beeswax candles, food, drink, dance instruction for a lady, and performing a song for the queen, as well as many donations to various kingdom funds.

During one battle late in the day, when the sun was streaming through the stained glass windows of the church, Duke Eringlin’s mesnie entered the church. The strains of “Non Nobis” were heard from within, and while other mesnies battled all about the field, the Duke’s fighters paused in prayer. (An unkind observer might say they were hiding out.) Eventually, several other mesnies decided to attack. The first polearm thrust into the stained glass windows was yanked out of the hands of whoever decided to disturb these pious souls. The church was easy to defend. The tiny priest’s door was hard for most fighters to pass through, especially if they wanted to have a sword or shield at the ready. Moreover, the Duke’s men had tied and barricaded the main doors with benches. Apparently, untying knots in gauntlets is an advanced skill. Finally, in desperation, the entire bar was wrestled out of the Black Broom Inn, and set aside the church, whereupon several fighters could attack through the roof of the church. Soon, the tiny church became a killing field with no escape. Nevertheless, the deeds of the singing mesnie were cried throughout the camp, and will be remembered for years.

## Arts & Sciences

Master Gerald Goodwine

June 3<sup>rd</sup> - Show-off your Lilies projects, and talk about preparing for a week of war. Can't go to Lilies this year? Well, then join us to see what things you want to do now, rather than in a rush, the last 2 weeks before Lilies.

Once you've done a project or entered a competition, submit it to the Runestaff, and share your knowledge, like this article by Seraphina. Enjoy!

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Marcus Porcius Cato (234 B.C -149 B.C), also known as Cato the Elder, was a Roman statesman with strong ties to his agricultural background. In his work *De agri cultura*, or "On Running a Farm" Cato offers his advice to an unknown farmer and good family man on everything from how to keep a balance sheet, to the health and diet of his family, and how to care for the elderly. Cato also provides a long list of recipes that includes some of his favorite foods made with local ingredients, like grain and bean soups, focaccia, fruit preserves, olives and wine. Included in this writing is Savillum, or Roman Cheesecake. Savillum was introduced to the British Isles by the Romans.

Catos recipe in Latin;

Savillum hoc modo facito: Farinae selibram, casei P. II S una commisceto quasi libum, addito mellis P. [lines] et ovum unum. Catinum fictile oleo unguito. Ubi omnia bene commiscueris, in catinum indito, catinum testo operito. Videto ut bene percocas medio,

## Savillum

Roman Cheesecake

ubi altissimum est. Ubi, coctum erit, catinum eximito, melle unguito, papaver infriato, sub testum subde paulisper, postea eximito. Ita pone cum catillo et lingula.

Modern translation;

Make a savillum thus: Mix 1/2 libra of flour and 2 1/2 librae of cheese, as is done for libum. Add 1/4 libra of honey and 1 egg. Grease an earthenware bowl with oil. When you have mixed the ingredients well, pour into the bowl and cover the bowl with an earthenware testo. See that you cook it well in the middle, where it is highest. When it is cooked, remove the bowl, spread with honey, sprinkle with poppy, put it back beneath the testo for a moment, and then remove. Serve it thus with a plate and spoon.

Redaction:

60 oz cheese (ricotta, neufchatel, or some other mild soft white cheese)  
12 oz whole wheat flour  
6 oz honey + 2 oz honey  
2 eggs  
poppy seed

Mix all ingredients well, holding back 2 oz of honey and the poppyseeds. Bake covered at 350 degrees for 10 minutes. Uncover and bake approximately 35-40 minutes until the top is starting to brown. Drizzle remaining honey on top, sprinkle with poppy seeds, and recover. Bake 10-12 minutes longer.

By Seraphina Brugari (Sarah Gutekunst)

## Spotlight on . . .

Calontir is known far & wide as the singing kingdom - we sing in the "key of Army" as we march to battle. We also sing quite a lot at post-revels and around the fire each night at war. Singalong style is the Calontir post-revel standard.

That's why the Calontir Teaching CD, Volume 2 was created. On it, there are 19 songs, both old and new (including one by Dwolm), for the populace to learn. Physical copies of the complete CD may be made, share it around. (Ask Eleanor for a copy).

However, the kingdom also likes to learn new songs, so bards are encouraged not only to learn the standard repertoire, but to create new songs. Here are some ideas for how to create the next "staple song of Calontir" (courtesy of Lorraine Devereaux).

- Make it about dying or losing. Example: Both songs about the battle between Brian Boru and the Orkney Yarl are sad. One won, one lost, but both are sad. Example: Song of the Shield Wall and the Huscarl song both end with the losers of Hastings dying. (Note: There is no Calontir song about William winning.) This is the most medieval part of our song culture. Nobody loved a sad ending like the folks of the Middle Ages.

- Make certain there's a chorus that is simple and repeated often. It may not be "medieval," but it is part of the "current Middle Ages." A song with long or difficult verses is embraced because some part of it is welcoming to everyone.

- Make it about real history, not Calontir history. Examples: Hotspur, Song of the Shield Wall, Raven Banner, Compact Between Horse and Man, Knight's Leap, Strike the Drum, Roland and many others. Some of these are history summaries, some are about individuals or individual battles,

## Bardic Arts

and some are about highly romanticized events (Roland is a good example).

- If you want to write a filk about Calontir history, ask yourself if you were part of those battles or events. Those songs are accepted by the larger group because they were written by people with long or well-known Calontir experience.

Here's the words for a new song, that was well received by the Calontir host.

### The Fallen

Raise high a toast, to remember our dead.  
Our hearts will ever hold their memory.  
Our halls are emptier, now that they're gone.  
But, they'll live evermore in our stories.

Around every fire, it's as if they're with us.  
They have gone, but we still see them in our dreams.  
And we'll never forget the ones that we've lost.  
So, we'll keep them alive, telling of their deeds.

Let us pass on their names, and forever they'll live.  
We will mirror the good they did for us.  
And their fame will spread wide, even though they are gone.  
For the known world will hear our chorus.

So, raise high a toast, to remember our dead.  
Our hearts will ever hold their memory.  
Our halls are emptier, now that they're gone.  
But, they'll live evermore in our stories.

*By Vilhjalmr Half-troll*  
(William F. Stuart, May 1, 2009)



The Barony of Mag Mor  
Presents  
Cattle Raids  
**A Day in the Black Forest**  
(A Landsknecht's Dream)  
August 21-23, 2009

Riverside Park  
717 238<sup>th</sup> street  
Milford, NE 68405

[www.magmor.net/events/cattleraid2009](http://www.magmor.net/events/cattleraid2009)  
**Site opens at 6pm Friday and closes  
at 11am Sunday**

**Site fee:** Adult \$8.00 Non-member surcharge  
(NMS) \$3.00  
Children (5-12) \$5.00 children under 5 free  
Family cap \$36.00 (does not include NMS)  
Make checks payable to  
**SCA, Inc Barony of Mag Mor**

This is a camping event, and there is ample space for tent camping, free of charge. There are also 3 rooms available to rent in the visitors center. There are 10 beds in each room; cost of a room is \$100. Please contact event steward for room reservation. Some crash space in Lincoln available, contact [coordinator at sabithescribe@gmail.com](mailto:coordinator@sabithescribe@gmail.com)

A 15 century German Feast is planned, 100 seats available.  
**Fee: \$9.00**

There are many activities planned for the day:  
**Fighting      Archery      Equestrian**  
**A&S      Bardic      Children's activities**  
**An Inn for Lunch      A&S Show and Tell**

Merchants are welcome. There is no fee, please bring your own tables.

**Directions to site:** Take your best route to Interstate 80 in the vicinity of Lincoln, Nebraska. Site is approximately 20 minutes west of Lincoln, NE. Travel west on I-80 to Exit 382. Go south, toward Milford, NE for a little less than 2.5 miles. Site is on your right. There is a large "Riverside" sign, in addition to SCA signs.

**Co-autocrats:**

Lady Chiara de Paxiti (Rebecca Townsend) 1625 E #12. Lincoln, NE 68508 <a href="mailto:Chiara_paxiti@yahoo.com">Chiara_paxiti@yahoo.com</a>	Lady Isabeau Jehanne (Donna Mobley) 5400 Salt Valley View #1, Lincoln, NE 68512 <a href="mailto:lenwoodm@yahoo.com">lenwoodm@yahoo.com</a>
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Cattle Raids XIV A&S Competition

Traded or Raided

Are you a mercenary that has traveled far and wide in pursuit of adventure and treasure? Are you a merchant that follows the trade routes from far off lands? A blushing bride that has had her heart captured by your would be husband in a distant place? A Viking with a wondrous hoard of silver and gold, which must be hidden?

Bring the marvels of your lands to 15<sup>th</sup> Century Germany!

Be it raided or traded for, bought, borrowed or stolen, inherited, imported, or dug from the ground, the Cattle Raids Arts and Sciences competition invites you to participate!

Bring any entry that can feasibly be placed in 15<sup>th</sup> Century Germany through any means. Kingdom criteria will be used for the judging, documentation should include how your item could have arrived in Germany. You can find the criteria at <http://www.artsci.calontir-rush.org/criteria.php>

Prizes will be awarded to the winner, and the winning entry will be pictured on the Mag Mor web site for all of the Known World to admire!

Contact Seraphina Brugari with any questions  
[gutekunst@gpcom.net](mailto:gutekunst@gpcom.net)

## Baron & Baroness of Mag Mor

HE Nikola Sazhka Kolosov (Sashatec) HE Catherine Anne Jourdayn  
Tim Kahre Kathy Lafler  
3700 S. 33rd St. 4833 Southwood Dr  
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### Mag Mor Officers and Deputies

Seneschal Natalya Alekseyeva Vasilova (Anita Mohlman) [seneschal@magmor.net](mailto:seneschal@magmor.net)  
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402-269-3782) [chronicler@magmor.net](mailto:chronicler@magmor.net)

Arts & Sciences meet on the 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays, and Moot (the business meeting) on the 2<sup>nd</sup> Wednesday. The 4<sup>th</sup> Wednesday will be a social gathering, with food. All are held at Walt Library, and begin at 6:30pm. Walt Library is located at 6701 S. 14th Street, Lincoln- Just to the North of Southwest High School.

This is the June 2009, issue of *The Runestaff*, a publication of the Barony of Mag Mor of the Society for Creative Anachronism, Inc. (SCA, Inc.). *The Runestaff* is available from Janet Harder, 2089 J Road, Unadilla, NE 68454. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright © 2009 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

“The Fallen” © 2009 William Stuart

“Savillum - Roman Cheesecake” © 2009 Sarah Gutekunst

“Name Documentation - part of the Saker Herald website -  
<http://calontirheralds.org/saker/subfaq.htm>

“Guidelines for writing a Staple Song of Calontir © 2008 Lorraine Gehring - posted on the CalonList <http://listserv.unl.edu/cgi-bin/wa?A2=ind0809&L=CALONTIR&P=R43466>

**The Runestaff**  
**Barony of Mag Mor**  
 c/o Janet Harder  
 2089 J Road  
 Unadilla, NE 68454

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
	<b>1</b>	<b>2</b> Fighter Practice	<b>3</b> Archery Arts & Sciences Archery	<b>4</b> Fiber Guild	<b>5</b> Scribes	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> Fighter Practice	<b>10</b> Moot Archery	<b>11</b>	<b>12</b> Lilies	<b>13</b> Lilies
<b>14</b> Lilies	<b>15</b> Lilies	<b>16</b> Lilies	<b>17</b> Lilies	<b>18</b> Lilies	<b>19</b> Lilies	<b>20</b> Lilies
<b>21</b>	<b>22</b>	<b>23</b> Fighter Practice	<b>24</b> Social w/Food Archery	<b>25</b>	<b>26</b> Scribes	<b>27</b>
<b>28</b>	<b>28</b>	<b>30</b> Fighter Practice				